

engagement session planning

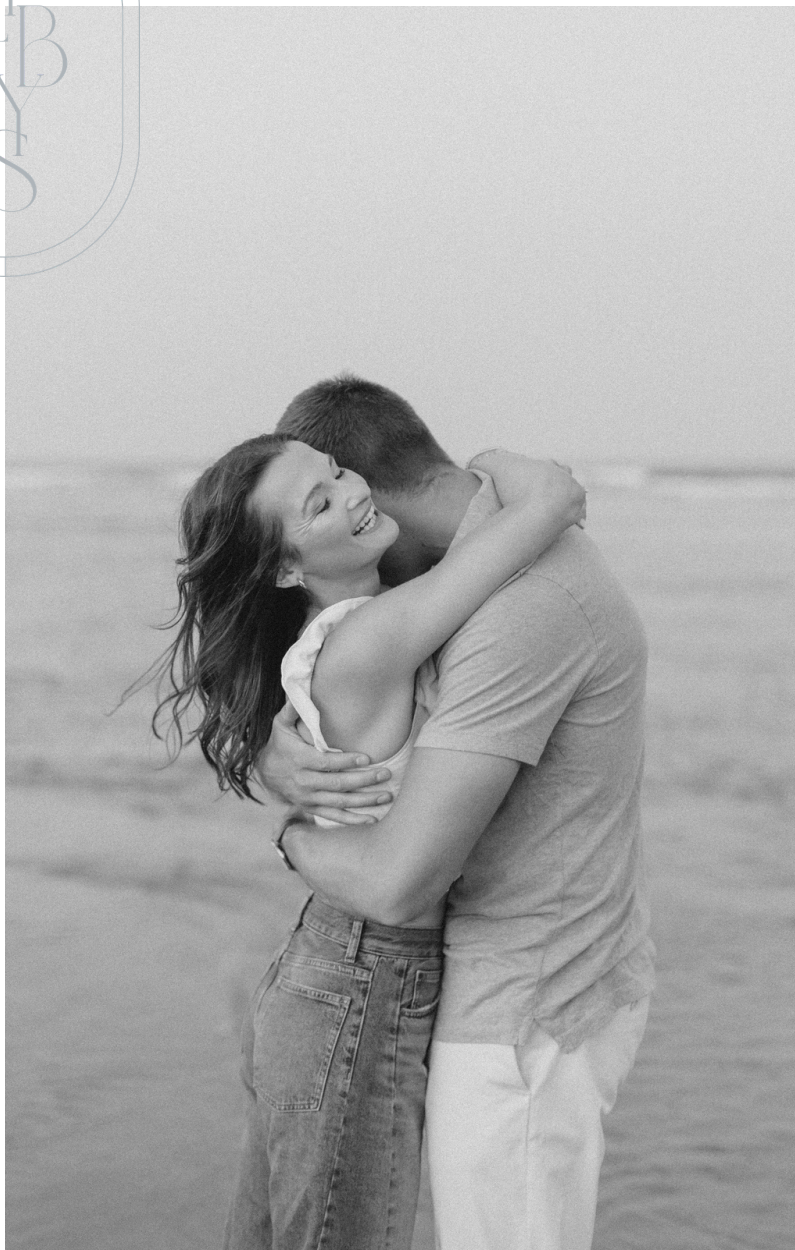
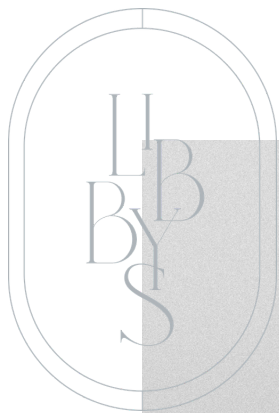
Your engagement session is an opportunity to slow down, have some fun together, and create images that feel true to this season of your lives.

Beyond the photographs themselves, it's also a chance to get comfortable in front of the camera and experience what it feels like to be photographed together before your wedding day. There's no need to know how to pose or what to do—we'll guide you throughout the session while leaving plenty of room for natural movement, connection, and personality.

The best engagement sessions feel intentional without feeling overly planned. From the overall vibe and location to what you wear and how you spend your time together, each choice helps shape the look and feel of your images.

This guide will walk you through those decisions and help you create a session that feels distinctly like you.





start with a feeling

SEASON

spring / summer / fall / winter

FORMALITY

elevated / casual / somewhere in between

SETTING

city / coast / field / garden / home / activity based

ENERGY

romantic / playful / sophisticated / relaxed



INSPIRATION IMAGES

optional create an inspiration board

Think of your inspiration board as a visual language rather than a shot list. It helps communicate the overall aesthetic, energy, color palette and feeling you're drawn to—not specific images we need to recreate.

Pull inspiration from our website, pinterest, instagram
+ organize in a collage.

CHOOSING YOUR LOCATION

Your location helps set the tone for the entire session. Think back to the overall feeling and aesthetic you're drawn to—whether that's coastal and relaxed, natural and romantic, polished and architectural, cozy and intimate, or something completely different.

While a beautiful setting is always a plus, personal connection beats pretty. Consider places that feel meaningful to the two of you: your favorite neighborhood, a family property, the beach you spend summers at, where you had your first date, or simply somewhere that reflects how you genuinely like to spend time together.

Your location doesn't have to hold sentimental meaning, either. If you're drawn to a particular aesthetic, we can choose a setting that helps bring that vision to life. Once you have an idea of the feeling you're after, your photographer can help recommend locations that photograph beautifully and complement your vision.

Engagement sessions include travel within 30 miles of your photographer's location. Locations beyond that radius may include an additional travel fee.





what to wear

What you wear plays a big part in shaping the overall look and feel of your engagement photos. Start by looking back at the inspiration and aesthetic you've chosen, then select pieces that feel like an elevated version of your personal style. Rather than matching, think about coordinating through complementary tones, textures, and levels of formality. Most importantly, choose something you feel confident and comfortable moving around in.

Many couples choose to incorporate two looks—one a little more elevated and one more relaxed—to create variety throughout the session. This could mean a dress or suit for one look followed by something more casual, or simply two outfits that bring a different feeling to the photographs. There's no need to change, though; one thoughtfully styled look can create an equally beautiful and cohesive gallery.

You don't have to buy something new, either. Start with pieces you already love in your closet, shop for something special, or consider rental options like Rent the Runway or Nuuly for pieces you may only wear once. Whatever you choose, let the season, location, and overall vision for your session help guide you.



make it personal

Think about what feels distinctly you—
bringing your dog, taking out the boat,
grabbing coffee, making cocktails at home, or
visiting a place that's part of your story.
Rather than thinking about props, think about
experiences that give you something natural
to do together. Even a small personal detail
can make your session feel more meaningful
and unique to you.

final details

PLAN AHEAD

Steam your outfits, clean your ring, and schedule any hair, makeup, or nail appointments ahead of time. Pack any accessories or touch-up items you'll want with you. If you're bringing your dog, consider having someone join you who can help with them when they're not in photos so you can relax and enjoy the rest of your session.

TIMING

Engagement sessions last up to one hour and are typically scheduled in the time leading up to sunset for the most beautiful, flattering light. Your photographer will recommend a start time based on the season, location, and sunset time.

DON'T WORRY ABOUT POSING

You don't need to practice or know what to do in front of the camera. Your photographer will guide you with direction and movement while leaving space for natural moments to unfold.

WEATHER

Weather can change quickly, so your photographer will typically make the final call as close to your session time as possible. If you're traveling for your session or have hair, makeup, or other appointments with cancellation policies, let your photographer know so a decision can be made earlier if needed.

AFTER YOUR SESSION

You can expect a preview of your images within a few days of your session, with your full engagement gallery delivered within 3-4 weeks. Then it's time to enjoy, share, and start dreaming about how you might use your favorites for save-the-dates, your wedding website, or around your home.